



HOLLAND
MUSCULOSKELETAL
PROGRAM

What
matters
most to
you?

 Campaign for
Sunnybrook

“All the *special*
people in my life”

Penny Mirams, patient

When it hurts to move, nothing else matters. Whether a patient is battling the disabilities of arthritis, struggling to walk after a terrible car crash, or suffering from the natural effects of a life long lived – the innovative and advanced care provided by the Holland Musculoskeletal (MSK) Program aims to give back independence and a pain-free life to those who count on us.

From imaging and surgery to rehabilitation, pain management, teaching and research, the complex offerings of this program demand immense resources.



“I was in pain for over 20 years. I remember standing up at work and being unable to move because my hip had locked in place. I lived every day in fear of embarrassment because of my condition.”

After an accident at age 11 left her with a broken hip, Penny knew she would eventually need a hip replacement. She got one at Sunnybrook’s Holland Orthopaedic & Arthritic Centre.

“I was terrified to stand after the surgery, but when I got to my feet, I burst into tears. I had no pain.”

Four years later, Penny is still amazed at how her life has changed. “Sunnybrook saved my life. I am finally able to do everything that I want, with no fear or pain.”

Penny Mirams, patient



Ada Wynston has been a volunteer at the Holland Orthopaedic & Arthritic Centre for 45 years – and counting.

“My fellow volunteers and I have always felt like a family. We feel a great sense of belonging at the Centre.”

Over the decades, Ada has witnessed tremendous growth at the Centre and she has seen how these improvements have directly impacted the lives of so many patients.

“The patients matter most. We are raising funds to ensure patients who need orthopaedic surgery have access to the best surgeons in North America. It’s wonderful to be a part of it.”

Ada Wynston, volunteer and donor



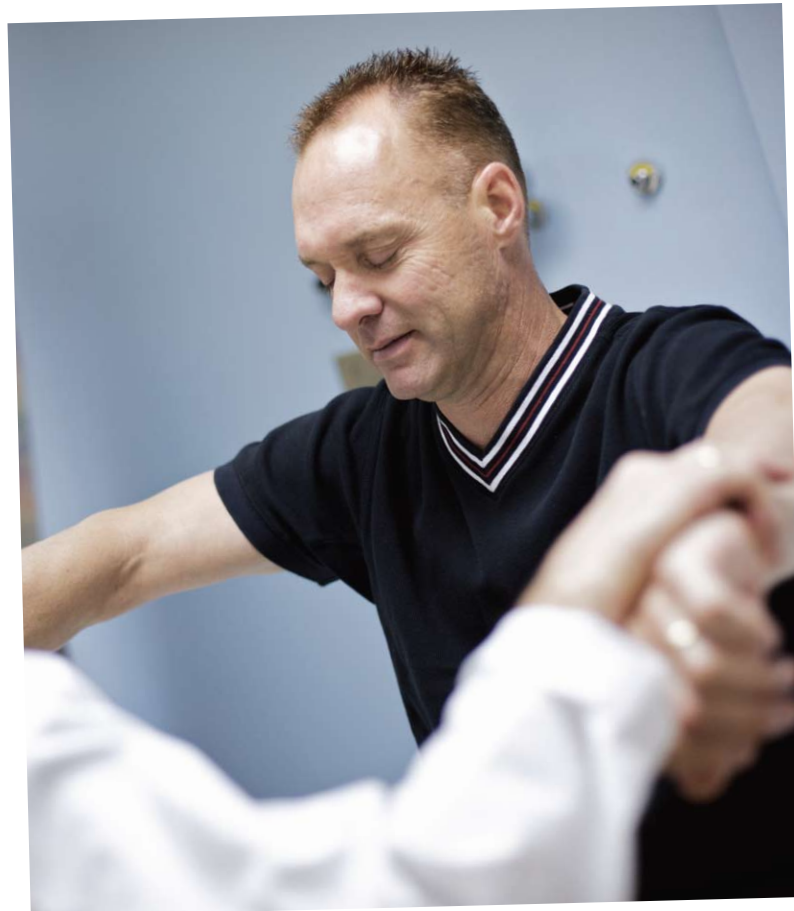
Rehabilitation programs at the Holland Orthopaedic & Arthritic Centre provide patients with highly specialized services and personalized care often unavailable in community settings.

As part of the busiest trauma centre in the country, the Holland MSK Program focuses on complex injuries that cannot be managed anywhere else. Our Holland Orthopaedic & Arthritic Centre is the largest centre for joint replacement surgery in Canada, where we treat the most severe cases using techniques developed by our own specialists. We are making surgery less painful; we are returning patients to their normal lives sooner than ever thought possible; and, we have substantially reduced surgical wait times.

To meet the growing demands of our community and to develop disease and disability prevention strategies, we must invest in more operating rooms, more patient beds, more clinic space and more researchers.



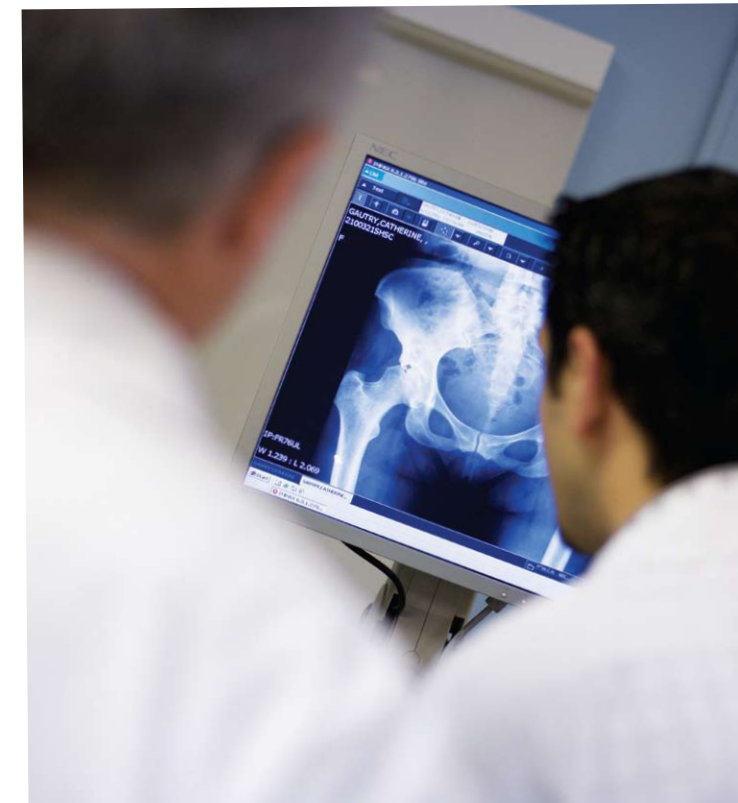
Medical advancements in knee replacement and reconstructive surgery are helping more patients reclaim independent and active lives than ever before.



Dr. John Murnaghan tests a patient's rehabilitation progress six months after a full knee replacement.



At Sunnybrook we invented a liquid solution that, once injected, stabilizes the vertebrae to provide immediate and lasting pain relief.



Dr. John Murnaghan and his assistant study a digital X-ray for signs of premature bone deterioration not easily detected using traditional X-ray imaging.

► Investment Highlights

Sunnybrook is here for you when it matters most. By investing in our Holland Musculoskeletal Program, you can be there for our patients when it matters most.

\$24M

New research facilities

To support our increasing number of patients and the internationally renowned physicians and surgeons who care for them, we need to renovate and expand the Holland Centre. We plan to build state-of-the-art operating rooms, increasing the number of operations that we can perform by 95 per cent. We are adding post-surgical recovery areas, clinic spaces, patient care rooms and sterile processing rooms for surgical equipment. These measures will allow us to treat substantially more patients, continue to reduce wait times, develop new approaches to treatment and transfer our wealth of knowledge to the next generation of specialists.

\$18.5M

Investing in research and education

Being a world leader in traumatic injury management, as well as joint reconstruction and replacement, requires a culture of innovation and learning. Our surgeons are developing new techniques and new models of care to make the most of operating room time, including computer-navigated surgery. Our researchers are hunting for new ways to beat spinal conditions, arthritis and sports-related injuries. To continue this work and build more space to get it done, we need to invest in research and education.

Holland Musculoskeletal Program

TOTAL GOAL

\$42.5M

KEY INVESTMENT PRIORITIES

Renovated and expanded facilities \$24M

Orthopaedic research and education \$8.5M

Arthritis research \$6M

Spinal research \$3M

Surgical equipment \$1M

Campaign for
 **Sunnybrook**
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