WOMEN'S COLLEGE HOSPITAL
Health care for women | REVOLUTIONIZED

Sunnybrook
HEALTH SCIENCES CENTRE

DIETETIC INTERNSHIP PROGRAM

Fall 2016

The Dietetic Internship Program is currently in its 45th year!

We invite you to consider being part of the 46th graduating class of the Dietetic Internship Program at Sunnybrook Health Sciences Centre and Women's College Hospital **(Class of 2017-2018)**. Beginning as an integrated program in 1971, the Dietetic Internship Program became a post-degree program in 1976, a clinical program in 1984, then a comprehensive program in 1996.

Six learners will be selected into the 2017-2018 class. Dietetic Interns will rotate through Nutrition Care, Research, Population and Public Health, and Management rotations. Dietetic Interns have the opportunity to gain experience at offsite facilities and onsite operations. Population and Public Health experiences are available through a variety of agency and industry liaisons. Interns also participate in a series of supplemental learning days which include opportunities in our Simulation Centre with Standardized Patients. Dietetic Interns will gain research experience through the completion of a practice-based research project.

While in the program, you will be treated as a professional member of the healthcare team. You will graduate with knowledge and skills required for a variety of entry level employment opportunities.

"Sunnybrook's internship program truly provided a family of warm and enthusiastic teachers, mentors and fellow interns to guide my learning. It was a balanced internship experience that fostered individual growth and welcomed feedback along the way. Sunnybrook delivered a range of high quality, intensive clinical rotations, while encouraging the exploration of dietetics in the community and through research projects, which was great! I was constantly impressed by Sunnybrook's commitment to inter-professional learning, evidence-based practice and patient-centered care. Overall a positive learning adventure, in one of the most reputed Canadian teaching hospitals!"

program graduate

Sunnybrook Health Sciences Centre, Bayview Campus

ABOUT SUNNYBROOK & WOMEN'S COLLEGE HOSPITAL

Sunnybrook Health Sciences Centre (SHSC) is an incredible place to work, study, conduct research and provide care. Each year, our 11,000 staff, physicians, volunteers and students work to improve the lives of the one million people who arrive at our doors. Bayview Campus operates more than 1,200 inpatient/long term care/veterans beds, with additional beds at the Holland Centre and St. John's Rehab sites.

Sunnybrook is committed to inventing the future of healthcare. In every area of SHSC you will find individuals committed to discovering new treatments, ensuring the safety of our patients, and teaching current and future healthcare professionals the latest in theory and practice. All care provided is based on the philosophies of person-centered care, allowing patients and their families to guide care based on their perception of their needs.

At Sunnybrook Education Matters - each year, more than 2,600 learners from medicine, nursing and other health disciplines, including Dietetic Interns, are trained at Sunnybrook.

Women's College Hospital (WCH) is a well-established leader in women's health; its remarkable history goes back more than a century. WCH is a community hospital dedicated to achieving leadership in women's health in an ambulatory care setting.

WCH is the only independent ambulatory care hospital in Ontario, and the only hospital in Ontario with a primary focus on women's health. WCH supports research in women's health and will lead the way in training healthcare providers within an ambulatory setting.

ABOUT CLINICAL NUTRITION & FOOD SERVICES

Sunnybrook's **clinical nutrition** team is an integral part of our interprofessional healthcare team. The registered dietitians are leading-edge experts in translating scientific, medical and nutrition information into practical nutrition care plans for Sunnybrook patients, residents and clients. The nutrition technicians work closely with the dietitians to provide one-on-one support for our most complex patients. The nutrition program has been recognized for its leadership in education, practice and research.

Food Services at Sunnybrook's Bayview site **is currently managed by Morrison HealthCare Foodservices, a division of Compass Group Canada.** The management team includes a registered dietitian, directors and managers who oversee Patient and Retail Food Services. Patient Food Services assembles approximately 3,150 patient meals daily for inpatients, outpatients and Meals on Wheels. The delivery model includes trays, bulk and meal carts. The diet office is managed by Food Services and uses a CBORD system.

EDUCATION *matters*

"This was an amazing program which helped me develop the hard and soft skills required to be an RD, the overwhelming support that was available throughout internship helped me tremendously!"

program graduate

Dietetic Education at Sunnybrook

The Sunnybrook and Women's College Dietetic Internship program leads to entry into a regulated health profession. The program is an accredited professional education program that supports the achievement of the Integrated Competencies for Dietetic Education and Practice. The program is recognized by the Partnership for Dietetic Education and Practice and prepares students for eligibility for registration with a provincial dietetics regulatory body.

Dietetic Interns and Standardized Patient in the Sunnybrook Simulation Centre

VISION AND VALUES

The internship program is rooted in Sunnybrook's global Mission/Vision and Values. More specifically the Internship program **vision** is:

"To **innovate** the future of dietetic education through **sustainable nutrition care** and **research** focused programming that is recognized for **excellence** that **benefits** the profession and Sunnybrook/Women's College Hospital."

Values (RISE)

Research: We value the process as well as the end result that participating and leading in research provides both learners and clinicians. Evidence-based practice not only drives our clinical practice but also our educational program.

Innovation: We actively seek out new opportunities for teaching a learning from within the profession and within the education community.

Sustainability: We seek to balance program goals with organizational goals and are mindful of resources available.

Excellence: We seek to provide a high quality internship program with graduates that are entry level competent. We will provide a supportive and superior learning environment that enables each Dietetic Interns to: Acquire the skills and knowledge needed to become an entry level Registered Dietitian as set out by the Integrated Competencies for Dietetic Education and Practice (ICDEP).

Outpatient Nutrition Counseling

Our comprehensive ~45 week professional program (including 3 weeks scheduled vacation) provides varied experiences in clinical practice, research, food services, industry, and community.

PROGRAM COMPONENTS	# OF WEEKS
Orientation	**2**
Management	**8 (total)**
Food Service management (may be twinned or 1:1)	*6*
Clinical Nutrition management (may be twinned or 1:1)	*2*
Nutrition Care	**19 (total)**
Outpatient Rotations *(including diabetes)*	**Minimum of 8 weeks**
Introductory (1:1 precepting)	*5*
Second (1:1 precepting)	*3*
Inpatient Rotations *(at Sunnybrook)*	**Minimum of 8 weeks**
Introductory (twinning model for all interns)	*4*
Nutrition Support (1:1 precepting or twinning model)	*4*
Further Concentration *(at Sunnybrook)*	**3**
Inpatient or outpatient (1:1 precepting)	*3*
Consolidation	**3**
Population and Public Health	**4-6–** *typically 6 weeks* **(total)**
Research (*weeks spread throughout the internship)*	**4**
Vacation *(over winter holidays) + 1 TBD*	**3**
Final Evaluation and Graduation Ceremony week	**1**
Total	**44 - 46 weeks**

Additional Experiences

All interns are required to attend our monthly group education sessions. These sessions further support the learning within rotations. Examples of previous sessions include:

- Renal Nutrition
- Weight management
- Geriatric Nutrition
- Nutrition Support
- Standardized patient sessions
- Media training
- Preparing for workforce entry

In addition all interns are required to participate in formal interprofessional education activities with other students and staff throughout the year.

Interprofessional Education

APPLICATION & SELECTION PROCEDURES

Graduating students should obtain a dietetic internship application package from the **Dietitians of Canada** website (www.dietitians.ca). The application package is evaluated based on the following criteria:

Application Fee – there is a $25 application fee payable via cheque to "Sunnybrook Dietetic Internship Program" by February 1st, 2016. ***Your package will not be processed until we have received your cheque.***

University Transcript – Strong academic preparation is recommended. A **minimum B+ average is required for all courses completed,** with preference given to applicants with an **A average**.

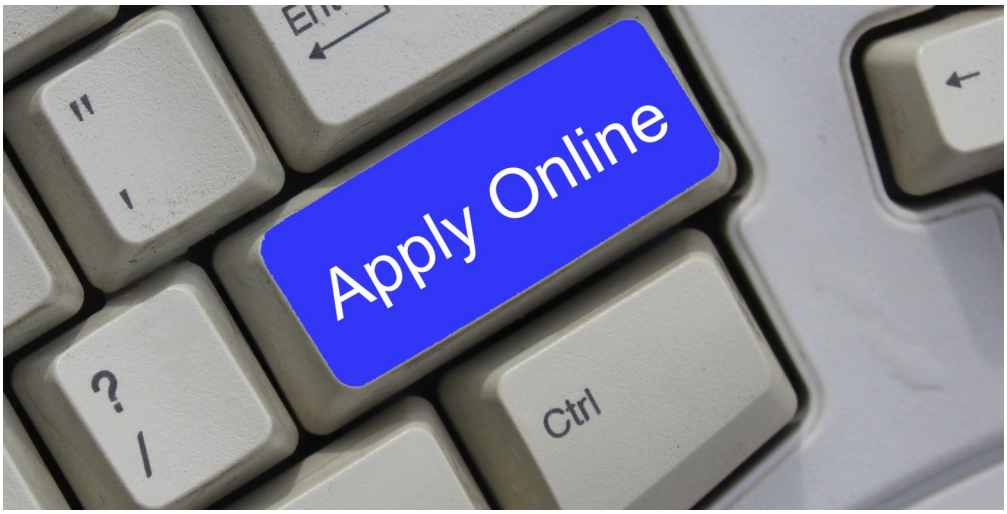
Experience in Nutrition and/or Food Service related field(s) requiring leadership and good communication skills. Please list the number of hours for all your volunteer & work experiences in your application package.

Confidential Reports – Successful applicants are selected through strong ratings by all required letters of reference.

Personal Letter – This must be concise, grammatically correct, one page, double-spaced and typed. Evaluation will be based on content, clarity, and interest in the profession/program.

The personal letter should briefly highlight experiences related to professional goals and activities which developed communication and interpersonal skills. Extracurricular activities, ability to be self-directed, expectations of internship and dietetics, and potential contribution to the profession of dietetics should also be addressed.

The entire package is evaluated based on evidence of established predictors of success in the Dietetic Internship Program, including self-direction, strong communication skills, adaptability, and a personal balance of school, work, and leisure.



Interviews will be held for selected applicants on **Tuesday February 28th, 2017**.

"I found the interview process very enjoyable. Having a few minutes to prepare and gather my thoughts meant I could focus on answering the questions rather than stressing about remembering all the things I had to say. I believe the broad type of questions/ activities/scenarios was indicative of my skills and ability to react and handle a variety of situations. Having a rest station with the current interns was a great way to break and find out more about the program from those currently in it." *program candidate*

A Multiple Mini Interview (MMI) format is used to interview candidates. The MMI consists of a series of short, timed interview stations in an attempt to draw multiple examples of the candidate's ability to quickly and critically appraise information, communicate ideas, and demonstrate thought related to issues pertaining to the dietetic profession. Telephone interviews may be offered if unable to attend in person.

TRANSPORTATION TO AND FROM SUNNYBROOK HEALTH SCIENCES CENTRE

Sunnybrook Shuttle Bus

Shuttle Bus:
There are two free shuttle bus services provided to staff/students at Sunnybrook from Monday to Friday.

The shuttle provides transportation between the Bayview Campus, The Holland Centre and Women's College Hospital from 5:30 a.m. to 8:00 p.m.. The shuttle also provides an express service between the Finch GO station, St. John's Rehab main entrance and the Bayview Campus between 7 a.m. and 6:30 p.m. Monday to Friday. Sunnybrook identification is required to board the shuttle bus.

TTC:
Parking and Transportation Services distributes and sells TTC Metro passes. SHSC identification is required in order to purchase or pick-up passes.

Parking:
Monthly parking permits are available for purchase for students from Parking and Transportation at SHSC.

ONCE ACCEPTED . . .

Program admission depends on completion of degree requirements prior to the start of the internship.

Program Dates – September 2017 to mid/late July 2018.

Fees – Tuition for 2017-2018 will be $2500 ($1250 each calendar year). Dietetic Interns qualify for tuition and education tax credits for income tax purposes.

Additional requirements of the program include the following:

- Proof of Immunization/Immunity
- Qualifying member – Dietitians of Canada
- Liability and Accident Insurance
- Vulnerable Persons Check

Financial Assistance – Financial assistance is not available from SHSC and WCH. Applicants should be self-supporting for the entire program. Supplemental employment should be kept to a minimum.

Hours – Rotations are scheduled according to the routine of the placement (i.e. Monday to Friday from 8:00am to 4:00pm). Schedules and hours vary by rotation and may include evenings and weekends.

Rotation Locations – Core rotations will be at Sunnybrook and Women's College Hospitals, travel within the GTA for other rotations maybe required.

Graduation – Program graduates will receive a certificate at a graduation . Graduates are eligible for temporary membership in all provincial licensing bodies, i.e., College of Dietitians of Ontario.

WANT TO GET IN TOUCH?

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Send Application Packages Care of:
Internship Advisory Committee
Clinical Nutrition – Room EG 49
Sunnybrook Health Sciences Centre
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