

# Peter Cipriano Centre for Seniors Health is **SPECIAL**



## **Thanks to donor support, Sunnybrook is trailblazing coordinated and personalized care for seniors.**

Construction is well underway on the Peter Cipriano Centre for Seniors Health, a new centre dedicated to meeting the unique needs of our rapidly growing and aging population. Featuring integrated, one-stop facilities, research-inspired care and coordinated access to specialized geriatric services and community resources, the Cipriano Centre will help more seniors remain healthy, independent and out of hospital.

Generous investments from donors like you are helping to ensure the Cipriano Centre will be ready to open in Spring 2025, as we prepare to serve more seniors in the very near future. Meanwhile, Sunnybrook's experts in seniors health continue to accelerate ideas into action with clinical programs and research initiatives to improve quality of life for seniors and their families.

SUMMER 2024

Inspired by research and the lived experiences of seniors and their families, the 15,000-square-foot Peter Cipriano Centre for Seniors Health will quadruple the space we have available to treat patients and increase our capacity to reach patients in the community, with an expanded geriatric day hospital, onsite clinical care and a mobile outreach team.

## Vital programs

# MOMENTUM BUILDING FOR THE CIPRIANO CENTRE

### January-April 2024

Construction began with site preparation, including protecting the area's established trees. An existing buried high-voltage electrical service was relocated from the site.

### May-June 2024

The building's grade beams and supporting structures called caissons were set in place. Structural framing began on the building's exterior, including the canopy.

### June 2024

Interior construction began, making way for the Welcome Area, Resource Centre and Geriatric Day Hospital.

### August-September 2024

Work began on the building's exterior and canopy as well as the Outpatient Clinic area, including the addition of specialized vision and audiology clinics.

### Spring 2025

Anticipated completion of the Peter Cipriano Centre for Seniors Health and welcoming of the first patients.



**Above and on cover:** The front entrance canopy will provide a protected drop-off and pick-up area surrounded by the Honey and Barry Sherman Garden with seating where seniors and their guests can benefit from nature's healing properties.

High-performing teams

## INTEGRATING SUNNYBROOK'S SENIOR-FRIENDLY INITIATIVES INTO THE CIPRIANO CENTRE



Prioritizing the health and safety of seniors – and connecting them with the care they need, when and where they need it – has long been a priority for Sunnybrook and our donors. Once open, the Cipriano Centre will enhance and complement other senior-friendly initiatives at Sunnybrook.

### Leveraging multidisciplinary expertise to connect seniors with the right care

Designed to help seniors avoid non-essential hospital stays and return home safely, Sunnybrook launched the ED One Team in 2019. Pictured above, the multidisciplinary team navigates patients in the Emergency Department (ED) over the age of 70 who don't require emergency services but do need health-care attention.

Once the Cipriano Centre is open, patients in this category will be transferred there for a full geriatric and health-care assessment. By working in close collaboration, our teams will help even more seniors avoid hospital stays, choose appropriate care options and reduce ED wait times for all.

### Improving the safety and comfort of seniors in the Emergency Department

Seniors who do require the specialized services of the ED often face mobility and cognition challenges.

This can increase the risk of falls, delirium, pressure injuries and other complications from long wait times.

With support from the Ganz Family Foundation, Sunnybrook is piloting an initiative with personal support workers in the ED to ensure seniors' safety, comfort and communication. Dovetailing this effort, the Cipriano Centre will offer another avenue for care once seniors have been treated in the ED.

### Helping seniors return home safely with resources and community services

Supported by the Slaight Family Foundation and now in its fifth year, a partnership between Sunnybrook and SPRINT Senior Care integrates community navigators into Sunnybrook's ED to support seniors with complex care needs return to their homes.

The Cipriano Centre will complement the Sunnybrook-SPRINT Senior Care Navigation Pilot as another approach to ensuring seniors have the right resources and supports to stay healthy at home.



## Innovative spaces and equipment **EXPANDING HOW WE CARE FOR OUR VETERANS**

To make way for the Peter Cipriano Centre for Seniors Health, several facilities as part of Sunnybrook's Veterans Centre have been relocated and renovated.

**Donor support has enabled this critical revitalization effort, which is both expanding the footprint of the Cipriano Centre as well as improving areas that enhance resident experience at the Veterans Centre.**

During the renovation this past year, key spaces in the Veterans Centre were relocated from K-Wing to L-Wing on Sunnybrook's Bayview campus. Notably, this included the library branch (pictured above) and the physiotherapy and occupational therapy gyms.

While relocating these spaces to accommodate the Cipriano Centre was a primary objective, donors also enabled improvements to these and other areas across the Veterans Centre, including the game room, reception, speech-language pathology and staff zones.

Newly designed spaces maximize natural light and include upgraded decor, as well as enhance safety and mobility with barrier-free access, slip-resistant flooring and dimensions made for wheelchairs and scooters.



## **Restoring Sunnybrook's Cenotaph**

In addition to critical space relocation and revitalization within the Veterans Centre this past year, donor support also enabled the restoration of Sunnybrook's Cenotaph.

Standing as a tribute to Canadians who served in the First and Second World Wars, the Korean War and ongoing conflicts, the restored Cenotaph offers space for remembrance and quiet reflection.

The refreshed landscape architecture also provides a welcoming outdoor area frequented by Veterans Centre residents, Sunnybrook staff, and patients and their families.

The Cenotaph was rededicated on June 6, 2024, the 80th anniversary of D-Day and the Battle of Normandy.

# **SPECIAL THANKS**

Donors like you are behind every Sunnybrook breakthrough. Thanks to you, we are trailblazing care to help seniors lead healthy, independent lives – and planning for a future that provides personalized care for seniors in our community.