

## Department of Medicine newsletter



Spring 2019 Newsletter

Volume 12, Issue 1

### A message from the Physician-in-Chief, Dr. Kevin Imrie



It has been a long a brutal winter, but Spring finally shows signs of taking root. It looks to be another busy season. Here at Sunnybrook, we continue to move forward the Hospital's strategic plan with its focus on Personalized and Precise Treatments, Integrated Sustainable Models of Care across the Health System, Improving Quality and Creating a Better Care Experience and Building High Performing Teams: <https://sunnybrook.ca/content/?page=strategic-plan-2018-21>.

At the University level, the Dean has completed his Strategic plan for the Faculty of Medicine (<https://medicine.utoronto.ca/asp>) and the Department of Medicine had its successful five-year review.

You will all have heard of the Provincial Government's announcement of the

creation of a central agency called Ontario Health. This major restructuring will have implications for us; both challenges and opportunities. Though we are still awaiting more details of the changes, it is clear that Sunnybrook is well positioned to succeed in the new environment. We will get a better sense of the nature and scope of the changes over the next few weeks. Gillian Hawker will be presenting Medical Grand Rounds on April 24<sup>th</sup> and Andy Smith will be also present on May 29<sup>th</sup>. I hope you can attend both of these important events to hear about changes at the Hospital and University.

It has been another highly successful year for the Department. Please take a few minutes to scan down and read about the great work of your colleagues who have won major awards and important grants.

Finally, Spring is also a great time to get together and socialize. Please consider coming out to our Administrative staff recognition dinner on May 1<sup>st</sup> and to the DOM Annual day on June 11<sup>th</sup>.

Have a great spring.

Kevin

## Welcome to new members of staff



The **Department of Medicine, Division of Cardiology** welcomes **Dr. Benedict (Ben) Glover**.

Dr. Glover completed an MD degree at the Queen's University in Belfast. He subsequently completed General Internal Medicine training in London, England, and Cardiology residency in Belfast. He further completed two fellowships, a research fellowship in Cardiac Electrophysiology between 2003 and 2005 in Belfast, and a clinical fellowship in Electrophysiology at the University Health Network under the supervision of Dr. Nanthakumar, from 2009 to 2011. He then

worked as a staff cardiac electrophysiologist in the Mater Hospital, Dublin Ireland which acts as one of the largest tertiary referral centres in the country and returned to Canada in 2015 where he was appointed as director of the cardiac arrhythmia services in Queens University, Kingston, Ontario. His successes in research (funding and publications) resulted in promotion to the rank of Associate Professor in early 2018.

Dr. Glover is an Associate Professor at the University of Toronto and will function as a Clinician Scientist. His area of academic interest lies within the field of arrhythmia management and in particular mapping and ablation of complex cardiac arrhythmias such as atrial fibrillation.

Clinically, Dr. Glover is very happy to accept patients with a history of any cardiac arrhythmia (AF, atrial flutter, SVT, VT, PVC's) and particularly those who you may consider for a procedure such as an ablation, pacemaker or device implantation. New referrals will be seen promptly by either sending a fax to 4163521948, call 4164806100 ext 7383 or email [benedict.glover@sunnybrook.ca](mailto:benedict.glover@sunnybrook.ca) Dr. Glover will be located in Room A209.

## Honours, awards & presentations

### Honours:

- **Dr. Sheldon Tobe** - Was acknowledged for 9 years of service on the Hypertension Canada board. He recently stepped down from the

## Awards:

- **Dr. Mary Bell** has been selected as this year's winner of the Allan Knight Lifetime Education Achievement Teaching Award by the Sunnybrook Education Advisory Council
- **Dr. Mark Boulos** - Top Podium Presentation at Sunnybrook Clinical EXPO 2019, Sunnybrook AFP Innovation Fund, Ontario, Canada. (Research Award). *Principal investigator: Mark I. Boulos.*
- **Dr. Zachary Feilchenfeld** - Received the MD Program Teaching Award of Excellence
- **Dr. Adrienne Chan** - 2019 recipient of the Dean's Humanitarian Award.
- **Dr. Barbara Liu** - 2019 winner of the Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine.
- **Dr. Housman Khosravani:** Team won the Sunnybrook Health Sciences Centre Quality Improvement challenge "Quality Quest" Award (\$5K) for their project directed at optimizing and improving door-to-needle times for administration of TPA in the hyperacute setting.
- **Dr. Perla Lansang** - Received the University of Toronto MD Program 2017-18 Teaching Excellence Award
- **Dr. Mario Masellis:** Received the Walter Mackenzie Visiting Speaker Award from the University of Alberta, Edmonton, Canada. Presented the following lecture on February 7, 2019 entitled: "Effects of APOE ε4 on structural imaging measures and cognition across the spectrum of Alzheimer's and Lewy body dementia" at the Neuroscience and Mental Health Institute Talk, University of Alberta, Edmonton, Canada
- **Dr. Rick Swartz – Received** the 2019/2020 Heart and Stroke Foundation of Canada (HSFC) Ontario Clinician Scientist (Phase II) Award - \$80,000 per year for a period of 3 years.
- **Dr. Scott Walsh** - Received the 2019 PARO Residency Program Excellence Award

## Presentations:

- **Dr. Mark Boulos - Invited Speaker.** Relationships between RLS/PLMS and Cerebrovascular Disease. World Sleep 2019 Congress. Vancouver, British Columbia, Canada. Presenter(s): **Boulos MI.** Invited lecture given as part of Symposium S49: Sleep, Stroke, and Vascular Dementia. 2019

Sep 24

- **Dr. Mark Boulos - Invited Speaker.** Establishing True Polysomnographic Normative Values: A Systematic Review and Meta-Analysis. 2019 Annual Meeting of the American Academy of Neurology. Philadelphia, Pennsylvania, United States. Presenter(s): **Murray BJ.** 2019 May 9
- **Dr. Mark Boulos - Invited Speaker.** SLEep APnea Screening using Mobile Ambulatory Recorders after TIA/stroke (SLEAP SMART): A Randomized Controlled Trial. 2019 Sunnybrook Clinical Impact and Innovation Expo. Toronto, Ontario, Canada. Presenter(s): **Boulos MI.** Co-authors: Kamra M, Patel N, Elias S, Gladstone DJ, Boyle K, Sundaram A, Hopyan JJ, Mamdani M, Swartz RH, Murray BJ, Thorpe KE.... ranked as **top podium presentation at the 2019 Sunnybrook Clinical Impact and Innovation Expo.** 2019 Feb 7
- **Dr. Mark Boulos - Invited Speaker.** Sleep Apnea and Stroke. Division of Neurology, University of Toronto - Neurology Faculty Research Day. Toronto, Ontario, Canada. Presenter(s): **Boulos MI.** 2018 Dec 7

## Grants and publications

[View the full list of grants and publications](#)

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**Forward**