

SUNNYBROOK PELVIC HEALTH PHYSIOTHERAPY



ABOUT US:

Pelvic health physiotherapy is a specialized type of therapy to help improve and treat various conditions and symptoms that involve the pelvic area.

Patients receive a complete physical assessment of the joints and tissues in the pelvic area and are provided with an individualized treatment program.

There are various types of pelvic floor treatment, which includes manual therapy, exercise and education. Some conditions may involve an internal exam. Your therapist will discuss this with you during your assessment.

WHAT WE TREAT:

- Urinary incontinence/frequency issues
- Erectile dysfunction
- Post-surgical hysterectomy or prostatectomy
- Prolapse
- Pre & post-partum pregnancy
- Persistent lower back pain
- Abdominal diastasis
- Conditions such as vestibulodynia, vulvodynia, vaginismus, endometriosis, proctitis, benign prostatic hyperplasia and pelvic girdle pain

HOW TO BOOK AN APPOINTMENT:

Call us at 416-967-8699 to book an appointment or for more information. **These services are not covered by OHIP.** Our team can assist in determining what payment options are available. Most extended health insurers provide partial or full coverage.

CONTACT US:

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Monday to Friday: 7:30am - 5:00pm

Working Condition Program
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