

TORONTO REGIONAL ARTHROPLASTY COLLABORATIVE



Quick access to:



hip and knee
specialty care



joint replacement
surgery

FOUR
weeks

Average time for a patient to be seen by an orthopaedic specialist from the time of referral

ONE year
of offering
weekend surgeries:

Over **1,000 additional surgical cases** completed on **weekends** over past year = **reduced wait times** for hip and knee replacement surgeries



REFERRAL FORM available at: [ReduceMyHipandKneeWait.ca](https://www.reducemyhipandkneewait.ca)

eReferral via OCEAN
by searching Toronto Region

Fax Referral Form
"Rapid Access Clinic Hip and Knee Arthritis"
416-599-4577 or toll-free 1-877-411-4577

Choose either:

- Next available appointment (quickest access)
- Preferred hospital (Holland Centre, Michael Garron Hospital, Sinai Health, or Unity Health)

Patients can expect:

- Rapid Access Clinic appointment within one to two weeks
- Specialized assessment with an Advanced Practice Provider with personalized treatment recommendations
- Consultation with **next available surgeon** within one to two weeks
- Most patients return home the day of or the day after surgery



Follow-up:

- 24-72 hours after leaving hospital
- Daily health check with recommendations provided (mobile and web-based)
- Three visits (with virtual option) in the first year with the Surgeon or Advanced Practice Provider in a team approach



Patient education toolbox available at:
[sunnybrook.ca/hollandboneandjoint/education](https://www.sunnybrook.ca/hollandboneandjoint/education)

- Patient Care Guide
- myHip&Knee app (mobile and web-based)
- Instructional videos to help prepare for surgery
- Top 10 frequently-asked-questions for pain management



The Sunnybrook Holland Orthopaedic & Arthritic Centre is part of the Toronto Regional Arthroplasty Collaborative, a partnership between Sunnybrook Health Sciences Centre, Michael Garron Hospital, Sinai Health and Unity Health to improve access to hip and knee replacement surgery.