

# PHYSIOTHERAPY & REHABILITATION SERVICES



## ABOUT US:

At Sunnybrook, our experienced team of physiotherapists and occupational therapists provide assessment and treatment services to assist in achieving maximal function, reduced pain and return to regular activities.

## WHAT WE TREAT:

- Sprains & strains
- Back & neck pain/whiplash
- Frozen shoulder
- Repetitive strain injuries
- Arthritis & chronic pain conditions
- Work & sport injuries
- Motor vehicle accident injuries
- Pre & Post surgery rehab
- Concussion symptoms
- Pelvic health conditions
- And many more conditions...

## OUR SERVICES:

Our expert clinical team will utilize a variety of evidenced-based physiotherapy and occupational therapy techniques to tailor a program to meet your goals. These may include:

- Manual therapy:
  - Myofascial release
  - Joint mobilization
- Therapeutic modalities:
  - Ultrasound, TENS & Shockwave therapy
- Targeted exercise programs
- Acupuncture
- Mindfulness & relaxation
- Pelvic health physiotherapy
- Injury prevention

## HOW TO BOOK AN APPOINTMENT:

Call us at 416-967-8699 to book an appointment or for more information. **These services are not covered by OHIP.** Our team can assist in determining what payment options are available. Most extended health insurers provide partial or full coverage.

## CONTACT US:

P: 416-967-8699  
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Monday to Friday: 7:30am - 5:00pm

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