When to go to your closest emergency room?

If you have a fever and/or chills on Dabrafenib and Trametinib AND any of the following symptoms go to your nearest emergency room:

- 1. A rash or swollen tongue: this could be a sign of an allergic reaction.
- 2. Low blood pressure (feeling very dizzy, especially when standing up).
- 3. Dark yellow urine (pee), a very dry mouth, feelings of weakness (these are signs of dehydration).
- Severe chills that don't get better 2 hours after taking
 pills of 500 mg acetaminophen (Extra-Strength Tylenol®).
- 5. Burning or pain when you urinate, or urinating more often.
- 6. Vomiting or diarrhea.
- 7. Other signs of infection like a cough or shortness of breath.

After you go to the emergency room please call the Odette Nursing Line at 416-480-5000 during business hours to let the team know you went to the emergency room.

Note:

What to do if you have a fever

For patients taking Dabrafenib (Tafinlar®) and Trametinib (Mekinist®)

Odette Cancer Centre

2075 Bayview Avenue Toronto, Ontario M4N 3M5

sunnybrook.ca/odette

PR 47590 (2021/04/13)



Fully affiliated with the University of Toronto







What is a fever?

A fever is a temperature in the ear or mouth of:

• 38.3°C (100.9°F) ONCE or

Between the temperatures of:

 38°C (100.4°F) and 38.3°C (100.9°F) for over an hour

Take your temperature if you feel hot or unwell. It is better to use a digital thermometer in your mouth or ear.

Avoid hot or cold foods before you take your temperature.

You can buy a digital mouth/ear thermometer at the Odette Cancer Centre/T-wing or any drug store.

What are chills?

Some people also have chills while on Dabrafenib and Trametinib.

Chills are a feeling of coldness and shivering. You can get chills with or without a fever.



Dabrafenib and Trametinib are pills taken by mouth to treat Melanoma



This medication can sometimes cause a fever or chills. The fever is likely not an infection but a side effect of the medication (drug). This information sheet will help you with what to do if you have a fever or chills at home while you are taking these medications (drugs).

What should I do if I get a fever or uncomfortable while taking Debrafenib and Trametinib?

Follow these steps:



- 1. Stop taking both drugs (both the Dabrafenib and Trametinib) at first sign of fever.
- 2. Take 2 pills of 500 mg acetaminophen (Extra-Strength Tylenol®) right away.
- 3. If it is during work hours (Monday to Friday between 9:00am–4:30pm) call the Odette Nursing Line at 416-480-5000.
- 4. If it is a weekday from 4:30pm—8:30am or on weekends and holidays, call the After-Hours Symptom Management Line at 1-877-681-3057. Ask to speak to a cancer nurse.
- 5. Go to your nearest emergency room if you are not able to speak to anyone for advice within 1 hour or if you have any of the symptoms listed in the next section.