

What is a fever?

A fever is a temperature in the ear or mouth of:

- 38.3°C (100.9°F) ONCE or

Between the temperatures of:

- 38°C (100.4°F) and 38.3°C (100.9°F) for over an hour

Take your temperature if you feel hot or unwell. It is better to use a digital thermometer in your mouth or ear.

Avoid hot or cold foods before you take your temperature.

You can buy a digital mouth/ear thermometer at the Odette Cancer Centre/T-wing or any drug store.

What are chills?

Some people also have chills while on Dabrafenib and Trametinib.

Chills are a feeling of coldness and shivering. You can get chills with or without a fever.



What should I do if I get a fever or uncomfortable while taking Dabrafenib and Trametinib?

Follow these steps:



1. Stop taking both drugs (both the Dabrafenib and Trametinib) at first sign of fever.
2. Take 2 pills of 500 mg acetaminophen (Extra-Strength Tylenol®) right away.
3. If it is during work hours (Monday to Friday between 9:00am–4:30pm) call the Odette Nursing Line at 416-480-5000.
4. If it is a weekday from 4:30pm–8:30am or on weekends and holidays, call the After-Hours Symptom Management Line at 1-877-681-3057. Ask to speak to a cancer nurse.
5. Go to your nearest emergency room if you are not able to speak to anyone for advice within 1 hour or if you have any of the symptoms listed in the next section.

Dabrafenib and Trametinib are pills taken by mouth to treat Melanoma



! This medication can sometimes cause a fever or chills. The fever is likely not an infection but a side effect of the medication (drug). This information sheet will help you with what to do if you have a fever or chills at home while you are taking these medications (drugs).