



# What I Need to Know About Remote Monitoring

Remote monitoring is a collaboration between you and the **Arrhythmia Device Clinic**, designed to ensure you receive the best possible care.

Remote monitoring transmits crucial data from your implanted device to the clinic, helping guide your treatment and confirm that device is functioning properly.



Please review this information and keep it near your monitor at home.



Call the Remote Monitoring Clinic during business hours if you have monitor-related questions. Please note, our expected response time is up to 72 hours.

Email: [EPremotemonitoring@sunnybrook.ca](mailto:EPremotemonitoring@sunnybrook.ca)

Phone: 416-480-6100 ext 689530

Hours: Monday-Friday, 8:00 am to 5:00 pm.

We are closed on weekends and statutory holidays.



Remote monitoring works in **3** ways:



## 1 Alert Transmissions:

Every night the monitor scans for alerts like abnormal heartbeat or device issues. Alerts are sent automatically to the remote monitoring clinic, processed the next business day and sent to your arrhythmia device team who will contact you if needed.



## 2 Scheduled Transmissions:

Every 3-6 months, or according to a schedule set by your care team, your monitor sends a summary of all events recorded during that period, depending on your specific device.



## 3 Manual Transmissions:

You may be required to send transmissions manually from home. The arrhythmia device clinic will contact you and provide instructions on how to submit a manual transmission.



If you are having symptoms, please call the clinical staff at 416-480-6100 ext. 689530 with your health-related concerns. You may be requested to send a manual transmission. In the event of an emergency, go to your nearest Emergency Department.

