

## GETTING STARTED



### STEP 1: REFERRAL

Ask your physician to send a referral to St. John's Rehab Outpatient Services.



### STEP 2: CONFIRMATION

After we receive your referral, a service coordinator will contact you to confirm your auto insurance claim details.



### STEP 3: BOOKING APPOINTMENTS

Our registration office will call you to book your first rehab appointments.

You must set up your own reliable transportation before starting rehab. Speak with your auto insurance adjustor for insurance-funded transportation options, if needed.




### STEP 4: YOUR FIRST DAY

Check in at Outpatient Registration, which is to the left when entering the main entrance.

Before going to therapy, you will meet with the service coordinator to review information about the billing process, creation of treatment plans and sharing information with your insurance company.

## MORE INFORMATION

Contact our service coordinator at 416.226.6780 ext. 57165 or visit [Sunnybrook.ca/backontrackmvc](http://Sunnybrook.ca/backontrackmvc)

N ▲	Steeles Ave. E.	
	Cummer Ave.	
Yonge St.	 St. John's Rehab 285 Cummer Ave.	Bayview Ave.
	Finch Ave. E.	
	Sheppard Ave. E.	
	Hwy. 401	

### Public Transit

The Toronto Transit Commission (TTC) bus #42 departs from Finch subway station and drops off passengers at the end of the hospital driveway.

### Parking

Parking is available at hourly rates or pay-per-use passes. For parking information, please call us at 416.226.6780 ext. 57339.

*Fully affiliated with the University of Toronto*



285 Cummer Ave, Toronto, ON M2M 2G1  
Tel: 416.226.6780

**Outpatient Services**  
Tel: 416.224.6948 Fax: 416.226.3358

[Sunnybrook.ca/stjohnsrehab](http://Sunnybrook.ca/stjohnsrehab)

## BACK ON TRACK

### Motor Vehicle Collision Rehab



Back on Track is a specialized outpatient rehab program designed to meet the needs of people who have had fractures, burns or amputations as a result of a motor vehicle collision.

## HOW CAN WE HELP?

Professionals will work with you to create a customized treatment plan that will help you reach your goals and get back to the meaningful activities that were impacted by your injuries.

Services may include:

- Intensive physiotherapy and occupational therapy
- Counselling and support from social work and psychology
- Complementary therapies such as massage, hydrotherapy, acupuncture and chiroprody
- Customized prosthetics created on-site in our dedicated lab
- Access to chiropractic and pressure garment services
- Coordination with your auto insurance company

*Some services may be available virtually.*

## COST & COVERAGE

Back on Track is covered by your auto insurance company and extended health insurance plan.

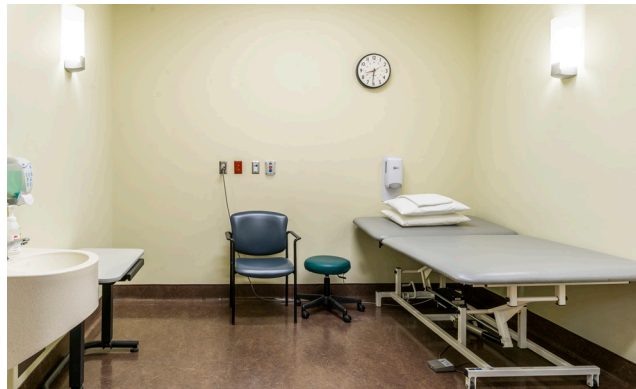
To access our services, you must have an open auto insurance claim and provide consent for services to be billed directly to your auto insurance company.

## OUR FACILITY

The John C. and Sally Horsfall Eaton Centre for Ambulatory Care located within St. John's Rehab is a 42,000 square-foot fully accessible outpatient rehabilitation facility where you may have access to:



*Large, open concept therapy gyms*



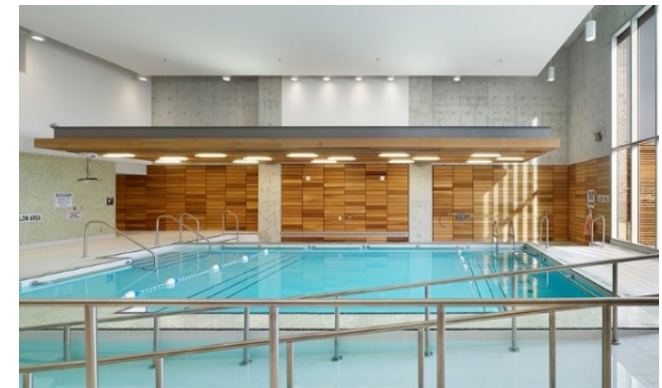
*Private treatment rooms*



*Activities of daily living suite*



*Outdoor therapy gardens*



*Fully-accessible heated therapy pool*