Sunnybrook
ST. JOHN'S REHAB

FALLS PREVENTION PROGRAM
Referral Form

285 Cummer Avenue, Toronto, ON M2M 2G1
Tel: 416-224-6948 | Fax: 416-226-3358
www.sunnybrook.ca/stjohnsrehab

PATIENT'S NAME:	D.O.B.: YYYY / MM / DD	OHIP NUMBER: (Include Version Code)	
PATIENT'S ADDRESS:		PHONE #:	
CAREGIVER NAME/CONTACT INFO:		LANGUAGES: REQUIRES INTERPRETER: ○ YES	○ MALE ○ FEMALE

CURRENT PRIMARY DIAGNOSIS: _____

DATE OF SURGERY/TYPE: _____

MEDICAL HISTORY:

- ○ Hypertension
- ○ Pacemaker
- ○ Vascular Disease
- ○ Other Cardiac: _____
- ○ Stroke: Type: _____
- ○ Seizures
- ○ Diabetes: ○ Type 1; ○ Type 2
- ○ Cancer: Type: _____
- ○ History of Falls
- ○ Osteoporosis
- ○ Fractures: _____
- ○ Arthritis: Type: _____
- ○ Other: _____

ISOLATION REQUIREMENTS (MRSA, VRE, etc.): ○ Yes ○ No, Organism/Location: _____

CONTRAINDICATIONS: medical or psychiatric instability, cognitive impairment, complex needs requiring active in-home or inpatient services, lives > 1 hour drive from the hospital

REASON FOR REFERRAL & SERVICES REQUIRED:

Please specify the patient issues (as many as relevant) that require the following services:

- ○ Recent falls
- ○ Decreased mobility
- ○ Poor balance
- ○ Leg weakness
- ○ Difficulty managing self-care
- ○ Poor vision
- ○ Dizziness and/or fainting spells
- ○ Taking > 4 prescribed medications
- ○ Taking ≥ 1 high risk medications for falls
  (e.g. benzodiazepines, opioids, psychotropics, anticholinergics, diuretics, etc.)
- ○ Other issue(s): _____

Interprofessional Assessment Includes:

- Assessment by an Occupational Therapist and a Pharmacist at patient's residence
- Physiotherapy Assessment for participation in a group exercise program at St. John's Rehab
- Group Education Session on site by a Physiotherapist and Dietitian
- Social Worker Assessment

REFERRING PHYSICIAN'S NAME/SIGNATURE: _____ / _____

REFERRING PHYSICIAN'S PHONE #: _____ **FAX #:** _____

REFERRING FACILITY: _____ **DATE OF REFERRAL:** _____

Please refer to Falls Prevention Program brochure or website for inclusion/exclusion criteria and other information
www.sunnybrook.ca/stjohnsrehab/falls