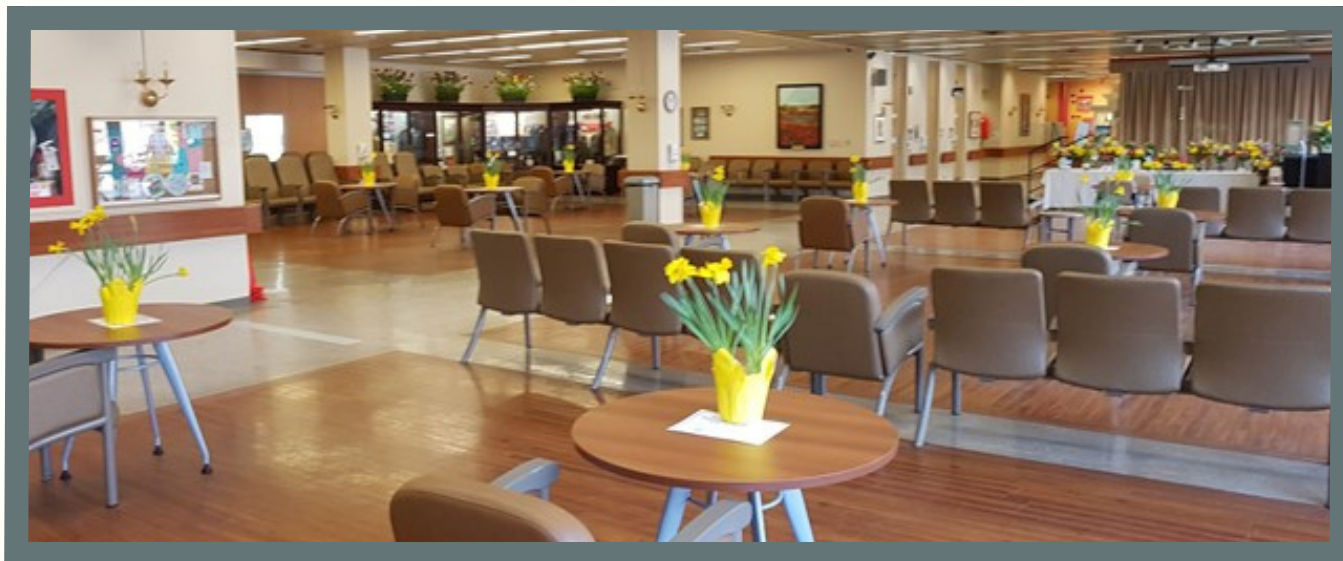


FAMILY INFORMATION UPDATE

SUNNYBROOK VETERANS CENTRE



K WING GARDEN NOW OPEN

We are all so pleased with the opening of the gardens! Please note:

- Garden hours will sometimes vary according to the weather, and will be posted daily on the information board (one is in the L Wing lobby and one is by the garden door entrance).
- Please do not bring birdseed or peanuts for the residents to feed the wildlife. There is a bird-feeding program in place, and we don't want to encourage feeding of animals like squirrels, chipmunks, groundhogs, etc.
- Dogs need to always be on a short, secured leash at all times.
- Unless the mandate changes, visitors must be masked at all times in the garden; therefore, only the residents can eat or drink during the visit.

IT'S THAT TIME OF YEAR!

K WING GARDEN NOW OPEN

DONATION OF DAFFODILS

PANDEMIC UPDATES

NEW ENHANCED SWABBING
TECHNIQUE FOR GREATER
TEST ACCURACY

WHEN A CONTACT OF A
RESIDENT TESTS POSITIVE

VETERANS PROGRAM
SPOTLIGHT: AUDIOLOGY
TEAM

DONATION OF DAFFODILS

Last week, over 300 mini daffodils (one provided to each resident) and 100 medium-sized daffodils (placed in the common areas) were generously donated by an anonymous donor from the community.

They bloomed over the Easter weekend and brought such a bright and cheery atmosphere.

Once the daffodils begin to die off, we are asking staff and residents to bring them to our horticultural therapist, Janet Phillips, as she will then work with the Veterans to clean off the bulbs and re-plant them in the Veteran gardens to bloom once again!

NEW ENHANCED SWABBING TECHNIQUE FOR GREATER TEST ACCURACY

You may have heard on the news there is a new enhanced swabbing technique to use when taking a rapid antigen test. This new technique has been shown to increase the accuracy rate of the test result, so we kindly request that you start using the new oral + nasal sample collection method.

Please find instructions on the next page. We will also provide copies of these instructions at the nursing care stations on each unit. If you have questions, you can certainly ask a member of your care team for help.

WHEN A CONTACT OF A RESIDENT TESTS POSITIVE

If a resident has been out on a day pass, and it is discovered after the fact that someone they were in contact with has tested positive for COVID-19, please let us know.

VETERANS PROGRAM SPOTLIGHT: AUDIOLOGY TEAM

Please view our newest [program profile](#) highlighting the audiology team's work to help overcome barriers presented during the pandemic for residents with hearing impairments – featuring audiologist Nadia Sandor and resident Nelson King!

COVID-19 Rapid Antigen Test: Sample Collection for Omicron

How to perform an oral and nasal swab for a COVID-19 Rapid Antigen Test:

1. Don't eat, drink or take oral medication for 30 minutes prior to collecting sample.
2. Wash your hands.
3. Remove the swab from wrapper and grasp handle.
4. Rub the inside of each cheek, between the cheek and gums, rotating for 5 seconds.
5. Insert swab into your mouth and gently swab the back of your throat or tongue in a circular fashion for five seconds.
6. With the same swab, insert into the front of one nostril and gently wipe around the inside of your nose three to five times.
7. Repeat in the other nostril.
8. Follow the manufacturer's instructions on how to process the sample.