

Veterans Centre - Guidelines for Indoor Visits with Essential Care Partners (ECP's)

We are ready to re-introduce visits with residents and ECP's on February 8, 2022. For the purpose of this communication ECP's are considered visitors in the Veterans Centre.

Each resident and/or their substitute decision maker may designate a maximum of two Essential Care Partners. Your name must be on the ECP list prior to presenting for your visit at the L wing screening desk.

1. Visits will take place on the care unit, in the resident room or a designated area.
2. **ONLY one ECP may visit each day. We respectfully request a visit length of up two (2) hours, in order to allow everyone opportunity to visit while maintaining optimum physical spacing.**
3. Please self-screen before arriving (using the attached Visitor Self-Screening Checklist). If you are experiencing **any** symptoms of COVID-19, have come into contact with someone with a respiratory illness or who is COVID-19 positive, please **do not** visit the facility.
4. The screener will provide you with a mask. You must wear your mask at all times during your visit in the Veterans Centre.
5. Visitors must attest to the screener that they do not have any COVID symptoms, you will show proof of your vaccine status upon arrival using the QR code. A paper version will be accepted if you do not have the electronic document along with identification.
6. ***Rapid Antigen tests are required every 48 hours:*** All visitors are required to complete a Rapid Antigen Test within 48 hours of any visit upon arrival to the care unit. Check in with your health care provider upon arrival (prior to starting your visit) and they will assist you with testing.
7. If you test positive you will be asked to leave immediately and follow the public health guidelines which include self- isolation for 5 days at home. You may not visit in the Veterans Centre for 10 days.
8. You may not eat or drink in the resident room while visiting with the resident. You may assist with eating and drinking and bring food that meets the dietary requirements of your family member, this to be confirmed with the health care provider.
9. Wearing of gloves is not recommended.
10. You will be required to sanitize your hands before entering and when exiting the visiting area. Hand sanitizer will be provided.
11. You are required to maintain a 2 meter/6 foot physical distance from all others during your visit. This includes the resident you are visiting and others in the visiting area.

Please note:

The health and safety of the residents, patients, their families and the well-being of our staff members is our priority. This facility maintains zero tolerance for failure to comply with the *Guidelines for Visiting for Essential Care Partners* or any actions that may place the health and safety of residents, staff or families at risk. **Visits may be discontinued at any time due to an outbreak or at the discretion of Infection, Prevention and Control team.**

Veterans Centre Visitor Self-Screening Checklist

1. Do you have a fever (temperature of 37.8C or greater)?

2. Are you experiencing ANY new or worsening of the following symptoms?

New or worsening cough

Shortness of breath

Sore throat

Runny nose or sneezing

Nasal congestion

Hoarse voice

Difficulty swallowing

New smell or taste disorder(s)

Nausea/vomiting, diarrhea, abdominal pain

Unexplained fatigue/malaise

Chills

Headache

Conjunctivitis (Pink Eye)

3. In the last 10 days, have you been in close contact with an individual pending a COVID-19 test, tested positive, or are symptomatic?

4. Has a health care provider or public health unit advised that you should be self-isolating?

5. In the last 10 days, have you tested positive for COVID-19 including on a rapid antigen test or a home-based self-testing kit?