

Tel: 416-224-6948  
Fax: 416-226-3358

285 Cummer Avenue  
Toronto, ON M2M 2G1

[www.stjohnsrehab.com](http://www.stjohnsrehab.com)

## Active Living Program Participation Application Form



Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Emergency Contact Phone:** \_\_\_\_\_ **Name:** \_\_\_\_\_

Reason for taking program (circle one): Post-rehab/Arthritic care/General conditioning/  
Fall prevention/Other  
(Please specify) \_\_\_\_\_

Which sessions are you applying for?

1<sup>st</sup> choice:

2<sup>nd</sup> choice:

3<sup>rd</sup> choice:

How did you become aware of this Program? \_\_\_\_\_

Please indicate if you have experienced any of the following conditions (circle): *If applicable, explain*

Problems with bladder/bowel control Yes/No

Seizures – epileptic Yes/No

Fainting spells Yes/No

Problems with blood pressure Yes/No

If yes, *High blood pressure* o

*Low blood pressure* o

Heart condition (e.g. angina) Yes/No

Diabetes Yes/No

If yes, *do you require insulin?* Yes/No

Breathing Problems (e.g. asthma) Yes/No

Deafness Yes/No

Limited vision Yes/No

Poor balance Yes/No

Independently Mobile Yes/No

*Other medical conditions or symptoms that may affect participation in the Program:* Yes/No

If yes, *explain:* \_\_\_\_\_

My Doctor is: \_\_\_\_\_ Dr.'s Telephone No. \_\_\_\_\_

Please send your completed application, your doctor's referral along with your cheque made payable to St. John's Rehab Hospital. Send to Outpatient Services, at the address listed above.