



Department of Medicine
Division of Psychiatry

Resident Orientation Package

Sunnybrook Health Sciences Centre

Welcome to the Division of Rehabilitation at Sunnybrook. This exposure will increase your knowledge base of dealing with adults with physical challenges either acquired or developmental. You will be exposed to different settings with an opportunity to improve your history and physical examination skills. On Friday mornings, you will be exposed to a detailed didactic session for Psychiatry residents - contact Queenie Jung, office administrator, for details and location. As well, monthly psychiatry educational rounds will occur at Sunnybrook on a Friday at noon.

Text resources include: Braddom textbook on Rehabilitation or Delisa textbook on Rehabilitation.

Clinics will vary from day-to-day and will be dependent on the academic focus of the attending Psychiatrist. All clinics will be based at Sunnybrook SCIL Uwing. Contact number is :416-480-4069

Objectives:

Medical Expert:

1. Be aware of an approach to developmental disabilities- cerebral palsy and spina bifida
2. Appreciate the need for orthotics in an inter-professional clinic
3. Discuss an approach to individuals with limb loss either acquired or congenital in an inter- professional setting
4. Develop an approach to history and physical examination of individuals with complex MSK findings- hip, knee and ankle/foot abnormalities
5. Be aware of an approach to neurological abnormalities such as poliomyelitis or ALS and the psychiatrist assessment and treatment
6. Develop and understanding of the role of electro diagnostic testing
7. Appreciate the complexity and approach to spasticity management

Communicator:

1. Develop an approach to communication of intellectually challenged individuals
2. Learn about history taking through a parent, care giver or substitute decision maker
3. Assess an approach to history taking in a non-verbal patient
4. Provide a written history and physical examination in a clear and accurate manner
5. Learn about communication with challenging patients and demanding care givers

Scholar:

1. Become aware of current literature addressing management of physical disabilities
2. Become aware of role of functional assessment in history taking and physical examination
3. Appreciate complexities of rehabilitation management and roles of PT, OT, SLP, equipment, home and work environment

Manager:

1. To learn to appropriately allocate time in a busy ambulatory setting
2. To appreciate limitation of resources for the physically challenged
3. To be aware of resources in the community available for the physically challenged
4. To adequately address the issues surrounding both the caregivers as well as the challenged individual
5. To deliver with respect and dignity decisions affecting future care

Collaborator:

1. To be able to function in an interdisciplinary team and understand the role of the psychiatrist
2. To collaborate with other specialties and family MD
3. To describe roles of other health care providers and limitations
4. To collaborate with other health care agencies and appreciate their roles

Health Advocate:

1. To recognize tension between resource allocation and needs of individual
2. To be aware of community resources available for the physically challenged
3. To recognize the complexities between the individual, care giver and home environment

Professional:

1. To demonstrate professional attitudes with patients and health care providers
2. To model professionalism with health care organizations
3. To demonstrate professionalism with other health care providers including medical specialties and allied health.