

First Canadian Run/Walk for Research and Care of Mental Health: Sunnybrook Home to Canada's Most Comprehensive Youth Depression Program

April 23, 2007

Sunnybrook is hosting Canada's first Run/Walk fundraiser to benefit mental health called Peace of Mind, when it matters most. The 5km Run/Walk will provide essential funding for the work of several of North America's top clinical and research psychiatrists.

Two of those psychiatrists, Dr. Anthony Levitt, Chief of Psychiatry and Dr. Amy Cheung, Youth Psychiatrist, both of Sunnybrook, will be appearing as speakers at a special kick-off event on Monday, April 23 at the Vaughan Estates, at The Estates of Sunnybrook.

Their talks will focus on Depression and Anxiety and Treatment of Adolescent Depression, respectively. Dr. Cheung's will include information from her most recent ground-breaking study that found that less than 50% of adolescents suffering from severe depression and suicidality seek appropriate mental health services for treatment. Dr. Cheung is regarded as one of North America's foremost experts on youth depression.

Media are invited to attend, interview the speakers one-on-one and photograph/film the talks and question & answer period.

What: Kick-Off Event for the Manulife Run for Research

Where: Sunnybrook Health Sciences Centre

Vaughan Estates, The Estates of Sunnybrook
2075 Bayview Avenue, Toronto

When: Monday, April 23, 6 to 8 p.m.

Who: Dr. Anthony Levitt, Chief of Psychiatry, Sunnybrook

"Depression and Anxiety"

Dr. Amy Cheung, Youth Psychiatrist, Sunnybrook

"Treatment of Adolescent Depression"

The Manulife Run for Research takes place on Sunday, May 27, 2007 at Wilket Creek Park. Individuals and families can participate by either running or walking the 5 km route and pets are welcome. Participants can register at www.runforresearch.com and inquiries can be directed to the run hotline at 416-480-6777.

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