In March, health professionals celebrated the official launch of the newest ABLE Care Planning Guide entitled, Restoring Abilities After a Stroke. Approximately 20 per cent of the residents living in the Veterans Centre have had a life-altering stroke that has affected their functioning. At the Centre, the K1C resident care unit provides long term, dedicated stroke care with outreach to other units. The new ABLE Care Planning Guide will provide an organized, interprofessional approach to stroke care and restoring function for all.

While traditional care focuses on achieving the best clinical outcomes using accepted scientific evidence and traditional practice methods, the “ABLE” or Achieving Best Life Experience philosophy focuses on planning care with the resident and family to achieve what would be the ideal best life experience for the resident while living at the Centre.

This collaborative approach welcomes and promotes creativity through an understanding and sharing of perspectives and ideas. Listening to the voice of the resident and engaging them in establishing specific, realistic, and achievable goals, is a key focus of this collaborative approach to care planning.

Each ABLE guide begins with an assessment of the resident’s current abilities and potential for improvement in function and quality of life by the care team. The team then shares the results of their assessment with the resident (and family) and listens to the resident’s perspective. Together the resident, family and team establish realistic desired life experience goals and agree on strategies to achieve these goals. The team then implements these strategies and monitors the resident’s outcome.  

Continued on pg. 2
At Home is the official newsletter of the Sunnybrook Veterans Centre. The newsletter is made available to all Veterans, staff and family members. At Home is also available online at www.sunnybrook.ca under Programs & Services and the Veterans & Community site.

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The Stroke ABLE Guide is the second in a series currently in development at the Veterans Centre. Responding to Behaviours Due to Dementia was published in 2010. The ABLE Guides are also intended for use beyond the Veterans Centre and are being shared with other health care providers such as complex continuing care facilities and nursing homes. Both the Stroke and Dementia care ABLE planning guides are available on the web at www.sunnybrook.ca/veterans under resident care.

Sunnybrook Grant a Wish
by Leanne Hughes

Left to right: Cindy Doyle, Activity Aid, Charles Linstead (K2W) and Mayrose Agne, R.N.

The Sunnybrook Veterans Grant a Wish Program is a magical and exciting program dedicated to fulfilling the hopes and dreams of Veterans who live at Sunnybrook. This initiative strives to provide an enhanced quality of life through the realization of heartfelt wishes. Every Veteran living here at Sunnybrook is eligible for 2 wishes. Since 2005, a variety of wishes have been granted. A wish can be almost anything; from the common wish of “a new CD player” to the more unique wishes including a “trip home to visit a cherished pet”, or a “Stetson’s cowboy hat.”

What truly matters is that the wish is meaningful to the Veteran him or herself. Recently, a wish was submitted by a 97 year old Veteran to attend his grand-daughter’s wedding. Dressed in a tux and a smile that was worth a thousand words, he boarded the Veterans Bus. It would be a day his family would cherish always. The Veterans Grant a Wish Program continues to create wonderful memories that will not be soon forgotten.

For more information on how make your wish or to make a donation please contact the coordinator at (416) 480-5490.
The Veterans Centre has a long tradition of continuous quality improvement to meet and maintain the highest standards of care for our Veterans. We participate in regular standardized assessments by Accreditation Canada, NRC Picker Resident & Family Satisfaction surveys, and monitoring of 35 quality indicators every three months through the Canadian Institute of Health Information. Through all of these regular assessments we are compared to facilities across Ontario and Canada.

As you are probably aware, the Veterans Centre was recently audited by an audit team from Veterans Affairs Canada (VAC) and also reviewed by Dr. Karima Velji, Chief Operating Officer and Chief Nursing Executive from Baycrest. Dr. Velji was recommended by the Ontario Ministry of Health. Since the Veterans Centre receives both federal and provincial funding for the care of our Veterans, two different review processes were required. The result was an incredibly comprehensive process that included chart audits and individual interviews and focus groups with Veterans and family members.

We would like to ensure that all of our Veterans, families and staff have the opportunity to hear about what we have learned through these review processes. So here is a summary of the findings, opportunities for improvement and how we have incorporated these opportunities into our ongoing improvement efforts.

Both reports concluded that the delivery of care of Veterans at Sunnybrook is above the provincial average and of a high quality. Neither review raised concerns with the quality of care, the safety of Veterans, or the structures and processes in place to manage issues or family concerns. The audit team from VAC did highlight some opportunities for improvement, which were similar to those in Dr. Velji’s review.

In her report, Dr. Velji offered the following recommendations for improvement including: increasing the frequency of conducting satisfaction surveys of residents and families, meeting more frequently with families, minimizing resident moves and transfers within the Centre and finding ways to improve communication with residents and families.

The federal audit suggested that there are opportunities to enhance leadership visibility on units and staff continuity on weekends, to improve the way complaints are tracked to ensure resolution, and to focus on small concerns before they escalate to larger issues. The auditors also pointed out there may be an opportunity to increase the frequency of family conferences and meetings on all resident care units to improve communication and collaboration with respect to care planning goals.

The Veterans Centre is committed to implementing all of the recommendations. We have already developed an integrated action plan to build these suggested improvements into our ongoing quality improvement plan. For example, we will be transitioning the Veterans Centre Office of Patient Relations to the Office of the Resident and Family Experience (ORFE). As occurs now, the staff in the ORFE will be available to respond to resident and family questions or concerns in a safe and confidential setting. We will also be developing a Resident & Family Resource Centre, equipped with health information and computers in an effort to increase knowledge, understanding and support to our residents and family members.

We are committed to creating a culture of listening and engagement every step of the way, from the day of admission, throughout the care planning and all the way along.

We are proud of our leadership in the care of Veterans and we will continue to promote excellence and a culture of continuous quality improvement that is responsive to our residents and family members.

If you would like to learn more about the VAC audit or Dr. Velji’s review, please feel free to visit www.veterans.gc.ca or www.sunnybrook.ca/veterans for further information.

Dr. Jocelyn Charles
Medical Director
Veterans Centre

Dorothy Ferguson
Operations Director
Veterans Centre
How to Share a Compliment or Concern in The Veterans Centre

Compliments may be shared with any of the team members in the Veterans Centre. Our compliments board is located outside LG05 and we enjoy being able to post your letters of support there. Please email your compliments letters to: veterans.experience@sunnybrook.ca or mail your comments to the address below.

If you have a concern, the first step is to speak with your Primary Nurse or other care provider. If you are unable to resolve your concern, you may ask to speak with the Team Leader on your unit. If your concern is still not resolved, you may want to speak to the Patient Care Manager of the unit. At any time during this process, you are always welcome to voice your concerns to the Office of the Resident and Family Experience (ORFE). You can do this in any one of the following ways:

**In person:**
By visiting the Office of the Resident and Family Experience in LG 05, (between the L-wing lobby and Sunny’s cafeteria). Assistance is available during business hours, Monday to Friday.

**By phone:**
You may call the Manager, Office of the Resident and Family Experience at 416.480.6107 or the ORFE Assistant at 416.480.4280.

**In writing:**
You may email the Office of the Resident and Family Experience at veterans.experience@sunnybrook.ca or you may mail or drop off your concerns or compliments to:
Manager, Office of the Resident and Family Experience (Sunnybrook Veterans Centre)
Sunnybrook Health Sciences Centre, Room LG05N
2075 Bayview Ave. Toronto, ON M4N 3M5

What Our Residents & Families Say!

“Our family wanted to take an opportunity to express our utmost appreciation of the staff on this ward. There are not enough adjectives to describe the care and kindness shown to my Dad since he was admitted and diagnosed with a life ending illness. …Knowing he is in good and loving hands, the family has been given the gift of opportunity to focus on spending quality time together. Our most heartfelt thanks and appreciation”.
K2W family member

“My husband… has been a resident in L-wing at Sunnybrook H.S.C. since Oct.2011. I am very pleased with the care… A caring atmosphere is evident as you enter. (He) is always clean, well-groomed and well fed. He has not looked this well in some time. …I am extremely grateful and thankful that (he) is at Sunnybrook where he is in clean surroundings, safe and comfortable.
LGSW family member
Family and Resident Resource Centre

by Nancy Smokler

The Veterans Centre is working on implementing a Family and Resident Resource Centre which will open in the next few months. The goal of this resource centre is to provide information and educational materials for families, residents and other visitors, in a welcoming environment. We invite your input into the development of this resource centre. Please feel free to contact us with a list of suggested topics and resources that you feel would be of interest and helpful to you and your family. We are also creating an advisory group to oversee the development and implementation of the resource centre, and would like to have one family member and one resident as part of this group. Please email veterans.experience@sunnybrook.ca or call 416-480-6107 to provide us with your input or to indicate your interest in participating on the advisory group. Your feedback is valuable to the planning and development of this new resource centre.

Do You Have an Email Address?

The Veterans Centre is investigating ways in which we can use technology to better communicate information regarding the Veterans Centre that may be of general interest to the families of Veterans. We would like to trial using email to share information with you about education and other events, meetings, surveys and even the At Home Newsletter. If you would be interested in receiving this kind information from the Veterans Centre, please send your name, telephone number, email address and the name of the resident to veterans.experience@sunnybrook.ca. Please note that email will not be used to communicate personal health information regarding residents.

Family Advisory Council

by Nancy Smokler

The mandate of the Family Advisory Council (FAC) is to provide a forum for family members of Veterans to discuss shared concerns and issues across the Veterans Centre Program. All interested family members of residents living in the Veterans Centre are invited to attend our meetings. Agendas, minutes and other FAC information are posted on our web page at http://Sunnybrook.ca/veterans

Meetings are held on the 3rd Tuesday of every month at 1:30 p.m. in Room KGE35 and the next three meeting dates are: May 21st, June 18th and July 16th. There is no meeting in August. Light refreshments will be served. This meeting room has teleconference capabilities, so if you are interested in participating in the meeting via teleconference, or would like more information on the FAC, please email veterans.experience@sunnybrook.ca or call 416-480-4280.
As part of a community outreach operation, ten soldiers and parachutists from the Royal Canadian Regiment’s, 3rd Battalion recently visited Sunnybrook.

Dressed in green camouflage, the members of the Petawawa based regiment, toured the Veterans Centre, and visited and chatted with Veterans during therapy sessions in the Photography Studio and Art Studio.

Following their meet and greet with the Veterans, the group’s second mission was to visit the C5 trauma patient care unit, to say a special, in person “thank you” to the staff, for their extraordinary care of Canadian Forces Soldiers throughout Canada’s engagement in Afghanistan.

Members of 3 RCR were in Toronto to receive their new Regimental Colour from the unit’s Colonel-in-Chief, His Royal Highness Prince Philip, The Duke of Edinburgh, which was part of The Battle of York commemorative events on April 27th. Regimental Colours are ceremonial flags which historically provided a rallying point for troops on the battlefield. They remind soldiers of their unit’s history and continue to be the most prized possession of every infantry unit.

Photo credit to: Doug Nicholson
A Service of Remembrance for Former K and L wing Veterans

by Veterans Centre Chaplains’ and Creative Arts Therapies’

On April 25, the spouses, family members and friends of Veterans who died in the Year 2012 returned to the Veterans Centre to attend the annual Veterans Memorial Service. This service is hosted collaboratively by Spiritual & Religious Care and Creative Arts Therapies. Family and friends of the deceased Veterans came back to Warrior’s Hall in K-wing to honour the lives of their loved one, and to connect once again to the greater Veteran community of Sunnybrook.

Dorothy Ferguson, Operations Director, opened the service with a warm welcome and introduced the one hour memorial service in which over 120 persons attended. Art therapists before the service, helped families and friends create the Community Tree of Remembrance—an assortment of fused quilt fabric leaves, containing the names of their deceased loved ones. In a further tribute, the names of these loved ones were echoed throughout the hallways of the Veterans Centre once again as families and friends affectionately and courageously spoke aloud the names of their loved ones. This naming was followed by a Litany with those in attendance reciting in strong unison the words, “We Remember Them”. Another touching part of the service included the ceremonial planting of five gladiola bulbs by family representatives. These bulbs symbolized the journey and circle of life, remembrance, letting go, community and hope.

In the days prior to the service, families of the deceased Veterans submitted cherished photographs of their loved ones. These photographs, compiled by art therapists, were featured in a special visual tribute, which was projected on the large screen in Warrior’s Hall. After the tribute, the music therapists led families and friends in sing-a-long of favourite songs. These songs were truly an expression of the community life, which family members and friends experienced while at Sunnybrook when visiting their loved ones.

During the service, Veteran resident, Doug Scott, read his poem that he wrote especially for the memorial service, They Are Not Forgotten. In addition, the music therapists played other songs and instrumentals, which provided a reflective and comforting atmosphere for families and friends to remember their loved ones.

At the end of the service, families were given gladiola bulbs for planting as an acknowledgment of their loved one’s life. They were also given a personal copy of the visual tribute.

We wish to thank everyone who supported the annual Sunnybrook Memorial Service for families of Veterans in their time of grief and loss.
Thank you for outstanding service and dedication to our Veterans!

Each spring, at Sunnybrook we celebrate National Volunteer Week and say “thank you” to our volunteers for all they do for our residents and patients. New this year and to further reinforce the important role of volunteers in enhancing the resident and patient’s experience, Volunteer Resources has launched personalized and visible “How May I Help You?” name tags that clearly display each volunteer’s first name.

At Sunnybrook, we are fortunate to have close to 1,000 volunteers, with 300 dedicated to helping Veterans in K and L wings. From students to seniors, volunteers give generously of their time and talents and are a significant part of the hospital community, contributing over 28,000 hours per year to residents in the Veterans Centre.

Volunteers provide assistance and enhance the quality of life for the residents in the following ways:

• Wheelchair service for residents attending various social and recreational programs.
• Coffee socialization seven days a week for residents who gather in Warrior’s Hall.
• Companionship and friendly visits to residents on the units.
• Entertainment in Warrior’s Hall and on specific resident care units.
• Assisting recreation therapy staff with various leisure programs. (cooking groups, outings, card groups, etc.).
• Working with therapists to provide support during art, music, and horticulture therapy activities.
• Customer service in the Artisan Market gift shop.
• Providing pet therapy visits for residents on the units.
• Escorting residents to the interdenominational service in the chapel and the Roman Catholic mass in the Annex every Sunday. Volunteers also escort Jewish residents to Saturday services as scheduled.
• Providing visits and companionship to terminally ill patients on the Palliative Care Unit (K1E).
• Students also replace adult volunteers in some areas during the summer.

For more information about volunteer opportunities, please contact the volunteer resource department at (416) 480-6100 ext. 2140 or enquire at KGE03.
Order of Saint George

Members of The Order of Saint George visited the Veterans Centre recently to make a special donation in support of Music Therapy and Recreation Therapy programming. With the Order’s generous support, the Centre was able to purchase a new digital piano, high tec speakers, a harp, and a new dishwasher for the Recreation Therapy kitchen on K2.

Last November, eight Sunnybrook Veterans were inducted into the Order and participated in a formal Investiture Ceremony held in the Blythwood Club. The Order of Saint George was founded in Canada ten years ago based on the original Order of St. George that was founded 680 years ago. One of the primary functions of The Order is to provide support and financial resources to Veterans and the families of fallen or wounded Canadian Forces personnel.

In Praise and Gratitude

by Sally Fur

Sunnybrook Volunteer Association

The annual donation from the SVA will support the Veterans & Community Residents Council which exists to advise the administration of the Veterans Centre on issues relating to the welfare of residents in Kilgour and George Hees wings. Each year the Council funds numerous special projects that focus on improving the quality for life and comfort of Veteran residents with dignity and respect.

Sunnybrook Volunteer Association (SVA) presents a cheque for $1,500 to Don Stewart, Second World War Veteran and President Veteran Residents Council.
New Visiting Hours

Visiting hours have been increased to between **10:30 a.m. and 8:30 p.m.** daily. Please consult with the nursing staff to discuss any special circumstances. As always, it is recommended that no more than two people visit at a time and children under 16 may visit if accompanied by an adult.

Please remember to use the hand-wash for at least fifteen seconds when entering the Centre, upon entering a resident unit and again upon entering a resident's room. The elderly and those with chronic conditions, are vulnerable and at high risk for developing serious and life threatening complications, if they develop a cold or influenza. Please DO NOT visit if you have any of the following symptoms: A cough, sore throat, runny nose, fever, muscle aches, diarrhea or have experienced vomiting.

Adaptive Clothing

**What is Adaptive Clothing?**

Adaptive clothing is a clothing design concept that benefits residents and healthcare providers. Clothes are modified so that dressing is easier, quicker and more comfortable. In addition, adaptive clothing looks attractive.

**What are the Benefits of Adaptive Clothing?**

Adaptive clothing provides benefits with minimal interruption to normal daily care and living. It reduces the discomfort that residents experience while being dressed and helps them maintain a dignified look. Adaptive clothing also makes it easier for healthcare professionals to help with dressing, which allows them to take more time and care while attending to residents.

A brochure regarding adaptive clothing has been developed at the Veterans Centre. If you wish to learn more about adaptive clothing contact your Occupational Therapist.

Fragrance Free

A reminder to all that the Veterans Centre is a fragrance free facility. Please do not wear perfume or scented products while in the Veterans Centre, as many of our residents and staff have respiratory sensitivities or allergies.
2013 Schulich Awards

Stanly Chirayath, R.N. on K3E received a Schulich Award for clinical excellence.

Congratulations to Stanly Chirayath, registered nurse on K3E, who received a 2013 Schulich Award. The Schulich Awards recognize nursing and clinical excellence and honour the clinical work of individuals who demonstrate in their daily work the values of Sunnybrook, a commitment to learning, exemplary patient care, as well as talent and innovation. Stanly was one of only ten regular full-time or part-time employees across the hospital, who work in the areas of diagnostic, therapeutic and direct patient care to receive this honour.

Stanly is a dedicated professional recognized for his ongoing contributions to the care of Veterans with advanced dementia and their families. Stanly not only demonstrates proof of clinical excellence, but also is a role model with respect to excellence in communication and collaboration within the interprofessional team. Over the last year, he often acted as the Team Leader on K3E. A family member shared with the nominators the following, “Even when Stanly is not assigned to my husband’s care he comes in to see how he is doing and Stanly also talks to me. My husband is getting the best care possible. I would go to talk to Stanly even if he was not my husband’s nurse.” Thank you Stanly for all that do for our Veteran residents!

Sunnybrook Speaker Series

Recognizing and Managing Early Dementia

Join us for an evening talk on Dementia
May 27, 2013 6:30 – 8:30 P.M.

Leading Sunnybrook experts will discuss:

• Recognizing the Early Signs of Dementia:
  Dr. Jocelyn Charles,
  Medical Director, Veterans Centre and Chief,
  Department of Family & Community Medicine

• Driving and Dementia:
  Dr. Mark Rapoport, Staff Psychiatrist

• Optimizing Brain Health and Preventing Cognitive Decline:
  Dr. Sandra Black, Brill Chair in Neurology

Moderator:
Dr. Ken Shulman,
Chief, Brain Sciences Program

Please RSVP your attendance by May 26, 2013
Phone: 416.480.4117
e-mail: speaker.series@sunnybrook.ca

Free Admission
Free Parking, Garage One

May 27, 2013
6:30-8:30 p.m.

McLaughlin Auditorium,
Bayview Campus
E Wing Ground Floor, 2075 Bayview Avenue
Veterans Chapel Improves Assistance to Hearing Disabled Veterans

by Jim Hubel, Sunnybrook Liaison Officer, Fort York Branch 165, Royal Canadian Legion

The Veterans Chapel is currently improving its audio system and its service to Veterans. As part of this process, ten individual listening devices have been procured. These portable devices, about the size of a cell phone, interact with the existing address receiver to increase volume levels. They can be used even if the Veteran wears a hearing aid. Additional units can be acquired if needed, as they relatively low cost items.

In order to implement the use of assisted listening devices, Rocchina Bellomo, Hearing Instrument Specialist, Audiology Services at the Veterans Centre, interviewed each Veteran who customarily attends the Sunday Non-Denominational service. The Veteran was asked how well he or she was able to hear the service. If the Veteran responded there was difficulty or no ability to hear the service, the opportunity to use a listening device was offered. If the Veteran chose to trial a device, assigned volunteers assisted in the placement of the ear piece, how to turn on the device and adjust the volume control.

Following the service, the devices are collected before the Veterans exit the Chapel, sanitized and placed in a charging unit ready for next use. The devices have also been labeled with the users’ names so that the Veteran always uses the same unit.

A great deal of responsibility rests with the student Wheelchair Escorts who transport the Veterans to the Chapel. They have shown amazing responsibility and empathy to the Veterans in the implementation of these new devices. When the escort and Veteran arrive at the Chapel, adult trained volunteers assist the escort with the issue and placement of the new devices.

In many cases the improvement to hearing has been astounding. One Veteran indicated it was the first time he had heard the sermon in years; another who habitually slept through the entire service is now awake and responsive. Total success, however, is not possible due to complex hearing problems which cannot be overcome by volume enhancement alone. Despite this limitation the introduction of assisted listening devices is providing a dramatic improvement to many Veterans who otherwise would be able to hear little or no part of their Sunday worship experience.

2013 Bertin Awards

In April, Vern Foster, Patient Services Partner, Palliative Care Unit K1E, was one of six Sunnybrook staff members to receive the Bertin Award for excellence in customer service.

Named in 2007, in honour of former Board of Directors member, Mr. Paul Bertin, the award recognizes non-clinical staff (administration, clerical, technical, service and support) who demonstrate exceptional commitment to helping patients/residents, families and colleagues, and who continually go above and beyond their usual role to exemplify the values of Sunnybrook.
Veterans Chapel Memorial Plaque Project

by Jim Hubel

Sunnybrook Liaison Officer, Fort York Branch 165, Royal Canadian Legion

Friends of the Veterans Chapel Memorial Plaque features small tributes (four lines of text) to the sacrifice and service of loved ones, who are living or who have passed away. The cost of a tribute or citation is $500.00 and may be paid in up to five installments. Brochures with more information are located next to the plaque in the Veterans Chapel, located adjacent to and behind H-wing. All funds are used for ongoing improvements and special projects for the Chapel. A tax deductible receipt will be issued.

For more than sixty years, the Chapel with its beautiful stained glass windows has been a charming place of worship and meditation for Veterans, patients, family members and staff at Sunnybrook. Interdenominational worship services for Sunnybrook Veterans are held here every Sunday at 10:00 a.m. and Roman Catholic mass is held Monday to Friday at 12:30 p.m. in the Chapel.

For further information, please contact Colonel Jim Hubel at jim.hubel@sympatico.ca or 416-266-6949 or Heather Pristine at 416-6100 ext. 7839 or K-wing, room KGE15.
Our Professionals, Enhancing Resident Comfort & Care

By Kristin Morrow and Myrene Lychek

How to Check a ROHO (Air Cushion)
A ROHO air-filled cushion may be prescribed to a resident by Occupational Therapy if he/she is at risk for skin breakdown, or is unable to weight-shift independently. This product is very common in the Veterans Centre, as it has been proven to be the most effective cushion for pressure re-distribution.

A ROHO cushion does require regular maintenance, as over time it may lose air through its valve. It also may require repairs from Occupational Therapy if there is a faulty valve which is leaking continuously, or a tear in the cushion causing it to rapidly deflate. Residents should inform their nurse or contact the unit Occupational Therapist if they notice a leak or tear.

To check if the cushion is properly inflated, a staff member will assess the cushion height to ensure there is ½ inch of air between the person’s ischial tuberosity (“sit bones”) and the base of the wheelchair.

Please Note:
If there is not enough air in a ROHO, the resident will be sitting on a hard surface (the frame of the wheelchair). If there is too much air in a ROHO, this will cause instability and discomfort.

Announcements

• Recreation and Creative Arts Therapies would like to welcome Sue Watson-Bongard back to the team. Sue worked in the Veterans Centre from 2002-2007, at which time she moved a little closer to home, facilitating art therapy program’s in Durham Region and raising her young family. Sue is very excited to be back and will be working primarily with residents in the L-wing woodshop. All are welcome to visit the woodshop to meet Sue and see what exciting new projects are underway!

• Kids Day 2013
Kids day is an annual event where residents can invite children, grand-children and great-grandchildren to the Centre for a fun-filled day! Mark your calendar now for Monday, August 12th! Further information will be posted on the Recreation Therapy, bulletin boards located on all resident care units.

• Congratulations to Veterans Centre Chaplain, Rev. Wes Roberts, who successfully convocated from Wycliffe College, University of Toronto with a Master of Theological Studies (MTS) degree. The graduation ceremony took place on May 13 in U of T’s Convocation Hall.
## Passings

In loving memory of our friends and comrades

### November
- Alfred White
- Mary Martin
- Selby Sinclair
- Victor Smith
- James Moreland
- Ronald Green
- Douglas Young
- Konstantinos Skillaris
- Margaret Allen
- William Calhoun
- Winton Toomey
- Lloyd Heighton
- Harry Barr

### December
- Louis Swimmer
- Angus MacDonald
- Leonard Griffiths
- William Bennett
- Charles Pilcher
- Peter Federchuk
- Noboru Koyama
- Stanley Kolt
- Donald Sutherland
- Arthur Young
- Harry Goodbody
- Charles Asquith
- George MacDonald
- Sidney Richardson
- Robert Barnes
- John Sawers
- Arnold Craig
- Alexander McKillop
- Gordon Coyle

### January
- Gerald Fice
- John Gamble
- John Edmondson
- Alexander Burlacoff
- George Shane
- Harold Booth
- Frank Patten
- Robert Anthony
- Jack Hooper
- Wesley Robinson
- Hugh Norsworthy
- Vivian Treacy
- James Dinsmore
- Abraham Cadesky
- Norman Collinson

### February
- John McKenna
- Edward Holdsworth
- Sheila Smith
- John Pollen
- James Warnica
- Patrick McCann
- Roger Talbot
- Donald Nelson

### March
- John Dunlop
- William Mills
- Sarah Beardmore
- Elton Doyle
- Laurence Johnson
- Peter McLaren
- George Hudson
- Jack Draper
- John Ward
- Frederick Boxall
- Richard Churly
- Edward McCullough
- John Dalton
- Frank Smith
- Russell Pether
- Allan Page
- Thomas Viger
- James Parrish

### April
- Herman Vosberg
- Clifford Carter
- Kenneth Wootton
- Dorothy Adcock
- Gordon Gault
- Isabel Coles
- Roland Guilbault
- Maksymilian Holz
- Lee Irwin
- Donald Rogers
Show Your Support for the Veterans Centre

- Contributions to the Veterans Centre program are gratefully accepted, helping us meet special or urgent needs in a timely fashion. Donations will help fund high priority needs such as capital improvements to the Veterans’ residences.
- Donations to the Veterans’ Comfort Fund helps us provide our Veteran residents with ‘extras’: equipment, events and entertainment items that enhance their quality of life.
- Support of the Palliative Care Unit Trust Fund helps to enhance the living environment for patients and families receiving palliative care.
- Contributions made to the Veterans Grant A Wish program enable Veterans to realize their specific desires through this resident focused initiative.

Donations can be made in memory or in honour a loved one, or to acknowledge a special event such as a birthday or anniversary. If you so choose, the Sunnybrook Foundation will send a card to your honouree or their family letting them know that they have been honoured through a donation. A tax receipt will be issued for all donations over $10.

How to donate:

By Mail:
Cheques should be made out to the Sunnybrook Foundation.

For a specific designation, please write ‘Veterans Comfort Fund’, ‘Palliative Care Unit Trust Fund’, ‘Grant a Wish Program’ or ‘Veterans Centre’ on the bottom of your cheque.

Mail your donation to:
Sunnybrook Foundation, 2075 Bayview Avenue, Room H332 Toronto, ON, M4N 3M5

By Telephone:
Please call 416.480.4483 for the Sunnybrook Foundation.

By Internet:
Please visit www.sunnybrook.ca/foundation and follow the simple instructions.

Thank you!