



VETERANS CARE

What  
matters  
most to  
you?

 Campaign for  
**Sunnybrook**

“Building a better  
community for  
*everyone*”

Jim Eddy, veteran and resident

Canada’s war heroes came home facing lifelong health challenges and as they age, these challenges are compounded. Sunnybrook is now home to so many of these veterans. More than 80 per cent of our residents have cognitive impairment, which is often exacerbated by their wartime experiences. Those with old physical wounds find themselves increasingly frail and unable to compensate for their injuries. Our unique approach to care anticipates these challenges and reduces – even eliminates – them.

Canada’s war veterans benefit from having access to specialized health services at Sunnybrook. Continuing to support our veterans requires investment from our community.



Germany 1945. Jim Eddy's plane is hit in the dead of night. Engulfed in flames and with escape hatches jammed, it makes its last, spiraling descent to Earth.

If it hadn't been for the window blowing out, Jim may not have lived beyond his youth. If he hadn't then fit through that small opening, missed the wings and tail, opened a parachute for the first time ever, climbed 40 feet down from the tree in which he had come to rest, and then endured several months in a POW camp, we would never know his incredible story.

Now 89, Jim calls Sunnybrook's veterans' residence home. "Sunnybrook is a marvelous place. The staff is dedicated and deeply caring. I'm proud to have served my country, and I'm so grateful that Sunnybrook is here for me."

Jim Eddy, veteran and resident



Honouring family and helping others. That's what matters most.

Terry O'Sullivan and his wife, Corey Simpson, made a tribute honouring her late parents several years ago by transforming a seasonal garden into a place that veterans can enjoy year-round.

Corey's father, Norman, a distinguished naval officer who was one of the youngest Canadian naval commanders in World War II and her mother, Margaret, an animal-lover and gardener, were both keenly interested in making life better for others. "Creating an oasis for veterans to enjoy gardening and pet therapy in the heart of Sunnybrook's veterans' residence was something they would have enthusiastically supported," she says.

Terry continues their legacy as the chair of the Veterans and Community Campaign Cabinet, encouraging others to give to a program that offers a comfortable, compassionate environment with caring staff.

"Sunnybrook was my father-in-law's home during his last years, and it is now home to so many of Canada's war heroes," says Terry. "Sunnybrook is committed to giving them the very best care and that makes me proud."

Terry O'Sullivan, donor



Reg Blundell, Royal Canadian Air Force (RCAF) veteran of the Second World War, is one of 500 Canadian war heroes who call Sunnybrook home.

Sunnybrook began as a centre of healing for injured veterans returning from the Second World War. More than sixty years later, taking care of the brave men and women who put themselves in harm's way is a key priority for us. We strive to make their lives as rich as possible through cognitive, physical and mental health support and treatment. We fully engage them in active and enjoyable lives through music, art and other social therapy programs.



Our veterans' residence is being modified to ensure the highest quality of life for our heroes; both those that live independently and those that need additional support.



Sometimes, it's simply the comforting caress of a caregiver that makes all the difference.



Veteran Ron Kitchen paints the finishing touches on a ceramic bowl in the Art Therapy Studio.



The natural beauty of the securely enclosed veterans therapeutic garden, redesigned by Korean War veteran Duncan Graham, is a favorite gathering place for our residents.

# \$3M

## Improving our veterans' residence to meet changing needs

Our veterans live in a world-class hospital where scientists are developing new insights into the causes of Alzheimer's disease, mood disorders and dementia. In our residence, veterans with physical and cognitive challenges benefit from innovative accessibility features, including visual cues for veterans with dementia who rely on these prompts to carry out the most basic day-to-day tasks. Living spaces designed to meet their needs are essential for our patients' care.

We are building new dining rooms, where every carefully chosen detail will remind veterans with dementia that it is mealtime, making them more receptive to eating. Familiar, easy-to-navigate common areas will prevent disorientation. New gardens will nourish the soul.

To put our staff in the best possible position to care for our veterans, we are moving team stations closer to these common areas.

Our Dorothy Macham Home is a result of extensive consultation with national and international experts in the care of dementia patients. This one-storey residence provides veterans suffering from dementia and lingering post-traumatic stress disorder an environment free of stressors that, given their conditions, can be terrifying. We plan to add a unit to allow for transition between the Dorothy Macham Home and the more open care of the veterans' residence. This will enable veterans to be as fully integrated into Sunnybrook's veterans community as their conditions allow.

## ► Investment Highlights

Sunnybrook is here for you when it matters most. By investing in our Veterans Care, you can be there for Sunnybrook and Canada's surviving war heroes.

# Veterans Care

## TOTAL GOAL

\$4M

## KEY INVESTMENT PRIORITIES

Dementia care unit

\$3M

Cognitive support

\$600K

Veterans  
Comfort Fund

FUNDED

\$400K

Campaign for  
 Sunnybrook  
*give · invest · support*

### Sunnybrook Foundation

2075 Bayview Avenue, Suite H332  
Toronto, Ontario M4N 3M5

Phone: 416 480 4483

Toll Free: 1 866 696 2008

Fax: 416 480 6155

E-mail: [foundation@sunnybrook.ca](mailto:foundation@sunnybrook.ca)

Charitable Business Number:

899209118RR0001

[sunnybrook.ca](http://sunnybrook.ca)